

Day 1

Psalm 145

Great Is the Lord

A Song of Praise. Of David.

- 1 I will extol you, my God and King,
and bless your name forever and ever.
- 2 Every day I will bless you
and praise your name forever and ever.
- 3 Great is the Lord, and greatly to be praised,
and his greatness is unsearchable.

- 4 One generation shall commend your works to another,
and shall declare your mighty acts.
- 5 On the glorious splendor of your majesty,
and on your wondrous works, I will meditate.
- 6 They shall speak of the might of your awesome deeds,
and I will declare your greatness.
- 7 They shall pour forth the fame of your abundant goodness
and shall sing aloud of your righteousness.

- 8 The Lord is gracious and merciful,
slow to anger and abounding in steadfast love.
- 9 The Lord is good to all,
and his mercy is over all that he has made.

- 10 All your works shall give thanks to you, O Lord,
and all your saints shall bless you!
- 11 They shall speak of the glory of your kingdom
and tell of your power,
12 to make known to the children of man your mighty deeds,
and the glorious splendor of your kingdom.
- 13 Your kingdom is an everlasting kingdom,
and your dominion endures throughout all generations.

- [The Lord is faithful in all his words
and kind in all his works.]
- 14 The Lord upholds all who are falling
and raises up all who are bowed down.
- 15 The eyes of all look to you,
and you give them their food in due season.
- 16 You open your hand;
you satisfy the desire of every living thing.

17 The Lord is righteous in all his ways
and kind in all his works.
18 The Lord is near to all who call on him,
to all who call on him in truth.
19 He fulfills the desire of those who fear him;
he also hears their cry and saves them.
20 The Lord preserves all who love him,
but all the wicked he will destroy.

21 My mouth will speak the praise of the Lord,
and let all flesh bless his holy name forever and ever.

Day 2

Psalm 40

My Help and My Deliverer

To the choirmaster. A Psalm of David.

1 I waited patiently for the Lord;
he inclined to me and heard my cry.
2 He drew me up from the pit of destruction,
out of the miry bog,
and set my feet upon a rock,
making my steps secure.
3 He put a new song in my mouth,
a song of praise to our God.
Many will see and fear,
and put their trust in the Lord.

4 Blessed is the man who makes
the Lord his trust,
who does not turn to the proud,
to those who go astray after a lie!
5 You have multiplied, O Lord my God,
your wondrous deeds and your thoughts toward us;
none can compare with you!
I will proclaim and tell of them,
yet they are more than can be told.

6 In sacrifice and offering you have not delighted,
but you have given me an open ear.
Burnt offering and sin offering

you have not required.
7 Then I said, "Behold, I have come;
in the scroll of the book it is written of me:
8 I delight to do your will, O my God;
your law is within my heart."

9 I have told the glad news of deliverance
in the great congregation;
behold, I have not restrained my lips,
as you know, O Lord.
10 I have not hidden your deliverance within my heart;
I have spoken of your faithfulness and your salvation;
I have not concealed your steadfast love and your faithfulness
from the great congregation.

11 As for you, O Lord, you will not restrain
your mercy from me;
your steadfast love and your faithfulness will
ever preserve me!
12 For evils have encompassed me
beyond number;
my iniquities have overtaken me,
and I cannot see;
they are more than the hairs of my head;
my heart fails me.

13 Be pleased, O Lord, to deliver me!
O Lord, make haste to help me!
14 Let those be put to shame and disappointed altogether
who seek to snatch away my life;
let those be turned back and brought to dishonor
who delight in my hurt!
15 Let those be appalled because of their shame
who say to me, "Aha, Aha!"

16 But may all who seek you
rejoice and be glad in you;
may those who love your salvation
say continually, "Great is the Lord!"
17 As for me, I am poor and needy,
but the Lord takes thought for me.
You are my help and my deliverer;
do not delay, O my God!

Day 3

Psalm 65

O God of Our Salvation

To the choirmaster. A Psalm of David. A Song.

- 1 Praise is due to you, O God, in Zion,
and to you shall vows be performed.
- 2 O you who hear prayer,
to you shall all flesh come.
- 3 When iniquities prevail against me,
you atone for our transgressions.
- 4 Blessed is the one you choose and bring near,
to dwell in your courts!
We shall be satisfied with the goodness of your house,
the holiness of your temple!
- 5 By awesome deeds you answer us with righteousness,
O God of our salvation,
the hope of all the ends of the earth
and of the farthest seas;
- 6 the one who by his strength established the mountains,
being girded with might;
- 7 who stills the roaring of the seas,
the roaring of their waves,
the tumult of the peoples,
- 8 so that those who dwell at the ends of the earth are in awe at your signs.
You make the going out of the morning and the evening to shout for joy.
- 9 You visit the earth and water it;
you greatly enrich it;
the river of God is full of water;
you provide their grain,
for so you have prepared it.
- 10 You water its furrows abundantly,
settling its ridges,
softening it with showers,
and blessing its growth.
- 11 You crown the year with your bounty;
your wagon tracks overflow with abundance.
- 12 The pastures of the wilderness overflow,
the hills gird themselves with joy,
- 13 the meadows clothe themselves with flocks,
the valleys deck themselves with grain,
they shout and sing together for joy.

Day 4

Psalm 98

Make a Joyful Noise to the Lord

A Psalm.

- 1 Oh sing to the Lord a new song,
for he has done marvelous things!
His right hand and his holy arm
have worked salvation for him.
- 2 The Lord has made known his salvation;
he has revealed his righteousness in the sight of the nations.
- 3 He has remembered his steadfast love and faithfulness
to the house of Israel.
All the ends of the earth have seen
the salvation of our God.

- 4 Make a joyful noise to the Lord, all the earth;
break forth into joyous song and sing praises!
- 5 Sing praises to the Lord with the lyre,
with the lyre and the sound of melody!
- 6 With trumpets and the sound of the horn
make a joyful noise before the King, the Lord!

- 7 Let the sea roar, and all that fills it;
the world and those who dwell in it!
- 8 Let the rivers clap their hands;
let the hills sing for joy together
- 9 before the Lord, for he comes
to judge the earth.
He will judge the world with righteousness,
and the peoples with equity.

Day 5

Psalm 146

Put Not Your Trust in Princes

1 Praise the Lord!

Praise the Lord, O my soul!

2 I will praise the Lord as long as I live;

I will sing praises to my God while I have my being.

3 Put not your trust in princes,

in a son of man, in whom there is no salvation.

4 When his breath departs, he returns to the earth;

on that very day his plans perish.

5 Blessed is he whose help is the God of Jacob,

whose hope is in the Lord his God,

6 who made heaven and earth,

the sea, and all that is in them,

who keeps faith forever;

7 who executes justice for the oppressed,

who gives food to the hungry.

The Lord sets the prisoners free;

8 the Lord opens the eyes of the blind.

The Lord lifts up those who are bowed down;

the Lord loves the righteous.

9 The Lord watches over the sojourners;

he upholds the widow and the fatherless,

but the way of the wicked he brings to ruin.

10 The Lord will reign forever,

your God, O Zion, to all generations.

Praise the Lord!