

Set Apart: Whole Hearted

Day 1

Beginning

How do we start the journey of having a heart that is holy and set apart to God? Check out this message to learn more:

<https://www.citieschurch.com/journal/give-your-heart-to-god>

What does it mean to give God your sin? What are the results of a heart that has given God their sin? What are the emotions and conditions of the heart that come from this act? What part does the will play in this decision?

Verses: 1 John 2:1-6, Hebrews 4:12, Philippians 4:6-7

Prayer Topics: Surrender, Obedience, Trust

Day 2

Get Started

How do we get started submitting our hearts to God? Check out this article to find out:

<https://thewellcommunity.org/blogs/the-well/submitting-your-heart-to-christ>

Verses: James 4:7, 1 Peter 5:6, Proverbs 3:5-6

Prayer Topics: Hope, Gratitude, Worship

Day 3

Joy

How can we tell if our hearts are submitting? Obedience is one way to tell. The person who is disobedient cannot be said to have a heart that is submitting to God, but does this tell the whole story? Is there more to submission than just obedience? Check out this article to find out:

<https://www.truthforlife.org/devotionals/alistair-begg/11/9/2025/>

Verses: Luke 9:23-24, Matthew 11:28-30, John 4:23-24

Prayer Topics: Attitude, Honesty, Peace

Day 4

Next Steps

Sometimes the fish cannot see the water. Sometimes the simplest and most obvious things are the most difficult to grasp. When it comes to setting apart your heart to God, this can certainly be the case. Check out this devotional to take the next step in holiness:

<https://www.desiringgod.org/articles/submit-your-felt-reality-to-god>

Verses: Jeremiah 29:11-14, Isaiah 26:3-4, Proverbs 3:5

Prayer Topics: Perspective, Reality, Truth

Day 5

Thanks to Sylvester Warsaw, Jr for our devotional today

The understanding of the heart being where the emotions are housed is a Northern Atlantic European construct especially German scholarship that's daily being challenged. Because the Judeo Christian Tradition isn't western in thought but eastern it only makes sense to understand the heart based on the Rabbinic Jewish Tradition which teaches the heart is the seat of the intellect and the emotions. The Rabbinic Jewish Tradition clearly teaches there's a difference between the heart, mind and soul, however, it begins in the heart because the heart is where we live and real authentic relationships begin. In Deuteronomy 6:4-6 these instructions are recorded, "Hear, O Israel: The LORD our God, the LORD is one! You shall love the LORD your God with all your heart, with all your soul, and with all your strength. And these words which I command you today shall be in your heart." Throughout Scripture we read about hearts that are circumcised and hearts that are uncircumcised and that God has always looked to circumcise the heart of man because uncircumcised hearts represent fallen man people who have chosen to follow this world order and reject Him. Scripture's emphasis on the heart is vital because you can have a change of mind without a change of heart, but you

can't have a change of heart without a change of the mind. God warns us about being a respecter of person because being a respecter of person is looking at the outward appearance of the person and not the heart of a person. God looks at the heart and not the appearance because God isn't in the deception business. We also listen with our heart not our mind. This is why in Proverbs 4:5-9 we're strongly encouraged to get understanding because it's our mind that needs the understanding and it's the heart where the issues of life arise, Proverbs 4:23-27. Being in our right mind is God's Living Word active in our heart.